

# David C. Ruddy, CHST

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## Professional Summary

Over 30 years of experience as an EHS professional in the military, construction and trades, oil & gas industries and insurance. Managed EHS programs and built a safety culture for employers and employees. Developed and delivered safety education classes, conducted safety inspections, performed incident investigations and developed systems to eliminate repeat incidents.

## Areas of Expertise

<ul style="list-style-type: none"><li>• Construction Safety</li><li>• General Industry Safety</li><li>• Oil &amp; Gas Industry Safety</li><li>• Safety &amp; Health Management</li><li>• Trench &amp; Excavation Safety</li><li>• Confined Space Entry Safety</li><li>• Fall Protection Safety</li><li>• Forklift Safety</li><li>• Scaffolding Safety</li><li>• Respiratory Protection Safety</li><li>• Hazard Communication/GHS</li><li>• Hazwoper management &amp; training</li><li>• Exposure and Control Assessment</li><li>• Incident Investigation</li></ul>	<ul style="list-style-type: none"><li>• Emergency Preparedness</li><li>• Environmental Response</li><li>• Develop and conduct training</li><li>• DOT/RCRA/IATA Compliance</li><li>• Job Hazard Analysis</li><li>• Surface Mine Inspections</li><li>• NFPA 101 – Life Safety Code</li><li>• Health &amp; Safety Hazard Assessments</li><li>• Stormwater Control Management &amp; Inspections</li><li>• CDOT Flagging Instructor</li><li>• PEC Safeland/Safegulf Instructor</li><li>• Standards Interpretation, Construction, General Industry, and DOT</li></ul>
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## Education and Training

Construction Health and Safety Technician  
DOT/IATA/RCRA Hazards Materials Transportation and Management  
Stormwater Management, Erosion Control, and Compliance Inspector  
National Safety Council Safety Certification  
Certificate of Occupational Health & Safety from U.C. Davis, CA  
Navy Advanced Leadership and Management  
Department of Transportation and Coast Guard Train-the-Trainer  
USCG trade school for welding, plumbing, pipe fitting, carpentry, construction & fire fighting  
Certification programs relative to OSHA classes - 10 & 30 Hour Construction,  
Trench/Excavation, Confined Space Entry, Fall Protection, Respiratory Protection,  
Scaffolding, Powered Industrial Truck Operations, Walking/Working Surfaces, Hazard  
Communication, and Job Safety Analysis

## Work Experience

2013 – Present: Employed as Senior EHS Consultant with an engineering firm in Colorado. Focus on safety education within the well drilling industry and construction clients in the disciplines of safety and health management, training development and delivery along with job site safety evaluations. My expertise includes regulatory review of standards and interpretation for implementation, EHS recordkeeping and reporting requirements, EHS compliance training and evaluations, DOT audits, OSHA written program development and implementation, and incident investigations.

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2008 – 2013: Principal EHS Consultant for Hellman & Associates. Responsible for clients EHS compliance actions, develop and conduct training, perform safety evaluations on site, conduct incident investigations, manage OSHA written program development and implementation, and act as liaison between OSHA and client.

2006 – 2008: EHS Manager for Scott Contracting. Responsible for the safety management of 400+ employees while they constructed wet utilities, roads and bridges in Colorado.

2004 – 2006: Unemployed while building a log home for my family in Conifer, Colorado.

2000 – 2004: Human Resources Coordinator and District Safety Manager for Home Depot. Responsible for Northern Colorado, Southern Wyoming, and Eastern Nebraska.

1980 – 2000: Proud member of the United States Coast Guard (USCG) for twenty years, advanced to the rank of Chief Warrant Officer. Worked in the construction trades, personnel management, safety and environmental compliance fields. While serving, I developed and conducted safety training seminars, coordinated Superfund and Tsunami preparation training and coordinated the pollution prevention and recycling programs. I served as the emergency services supervisor and EHS Officer for the USCG base in Kodiak, Alaska from 1997 through 2000.

### **Professional Awards**

AGC/Willis Construction Safety Excellence Award

USCG Personal Achievement Awards for training hundreds of people in safety and health

USCG Personal Achievement Award for responding to environmental disasters effectively

USAF Achievement Award for effectively responding to an industrial flood on a military base

USCG Numerous personal awards for honorable and distinguished service

### **Associations**

Member of the American Society of Safety Engineers (ASSE)

National Utility Contractors Association (NUCA) – Currently the Chairman for the Safety, Training, & Education Committee

### **Professional Goals**

Become an OSHA outreach instructor for construction education

Be a certified First Aid/CPR/AED instructor

## David C. Ruddy

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### **References**

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